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District Governor

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Assistant Governor

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Club President

Rtn. Vanishree Rao
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Divyashree M S
Rtn. Vanishree Rao
Concord Editors

Avenue Directors

Rtn. Dr Shubha H S
Club Service

Rtn. Nagaraj Shetty
Vocational Service

Rtn. B Karunakar
Shetty
Community Service

Rtn. Subhas Bangera
International Service

Rtn. Rtn. Dr Girija A
New Generation Service

District Projects

Clean Environment for Good
Health

Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do

- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Rotary Club Manipal Joint Meeting
with RAC Muniyal Ayurveda
Date: 26.05.2026, **Venue:** Rotary Hall, Manipal

Theme: Who gets to decide your gender?

Speaker Dr Pramod Dattaram Lambor, Asst. Professor, Dept. of Occupational Therapy, MCHP, MAHE Manipal

Host: Rtn Abhay Jain & Ann Preethi Jain

Emcee: Rtn Dr Padma Rao

No. of Participants: 40



Overview

The Rotary Club of Manipal, in association with RAC Muniyal Ayurveda, conducted a thought-provoking joint meeting on the theme **“Who Gets to Decide Your Gender?”** The session highlighted Rotary’s commitment to Diversity, Equity, and Inclusion (DEI) by fostering awareness and understanding of gender identity the transgender community. It was an informative presentation by Dr. Pramod Dattaram Lambor, participants gained insights into the biological, social, legal, and psychological dimensions of gender diversity, as well as the challenges faced by transgender individuals. The meeting encouraged empathy, inclusivity, and respect for human dignity while reinforcing Rotary’s vision of creating a more equitable and compassionate society.

President Rtn Shashikala Rajavarma called the meeting to order and warmly welcomed the gathering. The *Thought for the Day* was presented by Rtn Geetha Kausik N., while Rotary Information was shared by Rtn Dr. Divyashree M. S. Past District Governor Rtn Dr. Gowri introduced the guest speaker, Dr. Pramod Dattaram Lambor, and highlighted his contributions in the field of occupational therapy and community awareness.

Dr. Pramod Dattaram Lambor delivered an engaging and thought-provoking presentation on gender identity and the transgender community. Drawing upon mythological references and contemporary perspectives, he explained that while biological sex is linked to the physical body, gender identity is a deeply personal experience. He discussed the concepts of LGBTQIA+, the Transgender Persons (Protection of Rights) Act, biological and psychological aspects of gender, identity-related challenges, discrimination, harassment, and the various government schemes and support systems available for transgender individuals.

The meeting was further enriched by a presentation from Rtn Shivani, President of RAC Muniyal Ayurveda, who showcased the club’s remarkable achievements and impactful community service initiatives during the year. The Rotaractors demonstrated exceptional teamwork and dedication through activities such as walkathons, street plays, health check-up camps, wall-painting campaigns, CPR training sessions, plantation drives, beach-cleaning initiatives, and active participation in district-level programs, sports, and cultural events. Their commitment and accomplishments made the Parent Club proud and reflected the true spirit of Rotary service. Twelve Rotaractors attended the meeting, demonstrating their solidarity and enthusiasm for service.

The meeting concluded with announcements and a vote of thanks by Secretary Rtn Vanishree Rao, followed by the National Anthem and a group photograph. The program served as a valuable platform for learning, dialogue, and fostering a more inclusive outlook towards gender diversity and social equity.

Club Service



26.05.2026: Board of Directors Meeting. 13 BOD Members were present.



Rotary Information:
By Rtn Dr Divyashree M S
Today, I would like to share a recent update about Rotary

International. Rotary continues to strengthen its global impact through peacebuilding, environmental projects, and the fight against polio. Rotary and the Bill & Melinda Gates Foundation have extended their partnership with a commitment of up to 450 million US dollars to help eradicate polio worldwide.

Another inspiring development is that Rotary has been invited for the first time to participate in the Munich Security Conference, highlighting Rotary's growing role in global peace efforts.

Rotary today is not just about meetings — it is about creating lasting impact through youth engagement, clean water projects, education, healthcare, and environmental sustainability. The upcoming Rotary theme for 2026-27 is "Create Lasting Impact."

As Rotarians, let us continue to live by our motto: "Service Above Self."



Thought for the day:
By Rtn Geetha Kaushik

Messages to the youth:
My message especially to young people is to have courage to think differently, courage to invent, to travel the unexplored path, courage to discover the impossible and to conquer the problems and succeed. These are the great qualities that they must work towards.

- APJ Dr Abdul Kalam
It is the best to work among the youth, in whom lies our hope - patiently, steadily and without noise. Arose, awake and stop not till the goal is reached.

- Swami Vivekananda.

Rotarians in Action



29.05.2026: Smriti Din - In commemoration of the memorial day of Dr. T M A Pai and Sri T A Pai, Workshop for Senior Citizens, “Golden Journey towards True Life Satisfaction” was organized at BVT, Manipal. Rtn. Jagadeesh Pai was one of the organizers of the event.



26.05.2026: Rtn Venugopal coordinated and facilitated a faculty development program for around 100 teachers at Rotary School at Moodbidri. “It was a great feeling as a Rotarian to associate and also proud about Rotary impact in local community through education.” says Rtn Venugopal. The school has both state and CBSE boards plus a PU College with a total of more than 2000 students.



Celebrations



Monthly Theme



26-May	Rtn Padmakar Nayak and Ann Pavitra	Anniversary
27-May	Rtn Dinesh Bhandary and Ann Sapna Dinesh Bhandary	Anniversary
28-May	Annette Aahana Hegde d/o Rtn Shreesha Hegde	Birthday
29-May	Rtn Balaraj M H	Birthday
30-May	Rtn H S Sarala Rao	Birthday
30-May	Rtn Shreesha Hegde and Ann Supriya Hegde	Anniversary
01-Jun	Rtn Geetha Kausik N	Birthday
01-Jun	Rtn Dr Yashwanth N and Ann Yogeshwary B H	Anniversary